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**Flfuc-17**

PHILOSOPHY REPORT

LIFE GROUP

VG TU

## MY QUESTION: SHOULD WE BE FOCUSED ON TODAY OR TOMORROW?

What my question exactly mean is should we be working for our future or present because whenever I see someone and I ask them why are you doing it, they reply me we are working for our future because we need to reach our goal in future so we are focused on today, but I personally don't consider that we should work on future so involved because we don't know what is going to happen tomorrow, like what is we die? What is our mind change tomorrow, life is unpredictable, so this remained a question in my mind.

The other reason I chose this question is because this is a challenging question in my point of view, there are people who is willing to work on today and they don't get anything in future because if they earn today, they eat, enjoy today and that's it, no goals nothing, so this is a life changing question for everyone if they get the answer,

The reason I chose this question is because i went through a list of questions I always wanted the answer but I asked few of my friends about my question like I asked what is life so almost same answer I have got but to this question I got really confusing answer and my mom told me this is one of the thing I should work on because it can also change my life, so this is the reason I chose this question apart from other question I had,

### REVIEW TYPICAL ANSWERS PEOPLE GIVE TO THIS QUESTION:-

Mom: - focus on today to work on tomorrow

Dad: - focus on today to work on tomorrow

Friends (4):- today

Friends (7):- tomorrow

Cousin (2):- focus on our goal then work on today

Family friend: - tomorrow

Neighbours (3):-today

Sister: - tomorrow

Uncle: - focus on today to work on tomorrow

### REVIEW WHAT ONE PHILOSOPHER HAVE SAID ABOUT THIS QUESTION:-

MARTIN-SELINGMAN: - his prize is given to individuals aged 60 and older who have made substantial contributions to improving the lives of others in their later years. Seligman, who helped to found the Positive Psychology movement, stated that "the one thing we know about health, longevity, and flourishing in the last

quarter of life... is [it's important] to live in the future, not in the past, and not in the present."

You don't have to be in your later quarter of life to benefit from a future time perspective. Unplugging you from the present and projecting your dreams into the future can help you reach fulfilment at any age.

He has proved in in one study of first-semester College students, researchers in Australia found that those students who focused on their futures rather than the past were more engaged in their academic pursuits. Their academic engagement, or involvement in their studies, benefited from having a clear set of goals.

Everyone can gain important lessons from this particular future time perspective study. There is perhaps no period in life quite as stressful as the first semester of college. A young person's life is turned topsy-turvy by the set of new demands and pressures. Away from home, possibly for the first time, first-year students are faced with numerous distractions that can deter them from succeeding. Those who are unable to survive this period and drop out of college are at risk for some of the most significant life stresses in their adult years. Anything that will help a young person stay in college is therefore crucial for helping that person lead a happy and productive life.

EXPLAIN WHAT DATA WOULD BE USEFUL FOR INVESTIGATING YOUR QUESTION AND FORMULATE YOUR DATA QUESTION!

- WHAT IS SUCCESSFUL ABOUT PEOPLE?
- DID THEY ACHIVE WHAT THEY AIM FOR?
- WERE THEY PASSIONATE ABOUT THEIR GOAL?
- WERE THEY MENTALLY PREPARED FOR THE UPCOMING FAILS?
- WHAT IS GOOD ABOUT PEOPLE?

I chose this DATA QUESTION because these questions can lead me to my main question 'should we be focused on today or tomorrow'

1) What is success about people?

This question will help me to see if they had the goal since the beginning or it was a sudden plan they worked on and it will also help me to see if they were focused on their goal! If yes, how were they focused?

2) Did they achieve what they aim for?

I chose this as one of my data question to see if people had goal did they really achieve it because there is people who have goals and stay in one corner and wait for the right time to work on it.

3) Were they passionate about their goal?

This is a question related to the previous question. How hard they worked for achieving their goal. This will also help me to see if they were focused on today or tomorrow.

4) Were they mentally prepared for the upcoming fails?

There is no life without ups and downs so few people focus on today giving up tomorrow and goals thinking they won't achieve it or they will have major fails, like they are not mentally prepared for the fails,

5) What is good about people?

This question is something we need to see you by talking to them or by collecting real life examples; this will also help me to reach the answer to my question.

GROUP YOUR EXAMPLES:-

1) I know a man who is personally who was really very poor that he couldn't afford per day meal though his father was very rich and had a lot of property around Sri Lanka, but he wanted to stand on his own so he didn't take a single penny of his father's property (his goal was to be successful and not depending) and then situation got worse that he couldn't even feed his children's so his wife supported him by stitching pillow cover and sell it in payment market for 10 rupees which is approx. 0.13 cents, and he collected money and started a business and it was a big flop no customers nothing but still he believed in his idea of being a good entrepreneur and at last he borrowed 2 lakhs Srilankan rupees which is approx. 1120 Euro from his elder sister for his 2nd business and he start a business finally in a small market of SriLanka and repay his sister back by 2 crore just because she helped him his hard time giving him 2 lakhs.

2) this is a woman i am personally proud of, basically she is belong to a village later moved into city because of financial issues, her parents have 8 kids so they were financially very weak , they moved because they could earn anything so that woman was one of that 8 kids , and with a lot of difficulty she completed her education while she was stitching clothes after her classes and earned money and financed her education later she got married and was done with a course of interior designing and later she got married and came Saudi Arabia with her husband and the first 4 years was really difficult and later she got work in one of the well-known company as an interior designer ( junior ) and now she is very successful that she could fulfil her kids wishes like her one daughter is in Paris and other in Lithuania and also of 8 kids she is the only one who takes care of her mother and recently she started an import and export business , now she is very successful than she thought she would be,

3) there is this girl with major life failure and achievement so she lost her father at the age of 40 days, like she was just born and in 40 days she lost her father, then she grew with her grandparents and she studied because her mom and step

father supported her a lot and she is done with her bachelors and then later she got married whom she was in love was for 3 years and she got married later she came to know he was cheating on her and she was physically abused in the first year of her marriage then she talk to mom for sending her somewhere else so that she could get rid of him so her mom supported her and she travel to some other country convincing her husband , and later she travel to some other country as well and working there and now she is completed with her masters and done with a various course like jawa, cloud computing,cima, and a lot more and now she is going to start her PhD soon mean while she started working too, she secured just 1st place throughout her educational life , a so called brilliant , silent attitude girl i have ever seen, basically i consider her to write down here is because she is educationally successful , and she got various job offers from various companies but she is not taking those because she wants to finish her Ph.D. and now her husband is willing to stay with her but because of past she not willing to stay with him anymore, so she personally again inspire me that don't give up no matter what work on it unless u achieve it ,

4) Aidas :- an example of a person who is successful, i know a person who wanted his own business and after many failures he has his own business and is very successful

5)tamjid :- there is a cricketer in our own country named mustafirzur rahman . He had a dream to play for Bangladesh cricket team. He is very much passionate, dedicate about cricket, his family condition is very poor, he used to walk 3km for practicing. He was really dedicated and hardworking and now he is famous cricketer in Bangladesh

6)danil kirpichonak :- i know a girl who is successful in my opinion. the success about her is that she always tries to archive new goal in different spheres. she also runs her own business and its quite successful too

7) My dad is a successful person for me. He has to raise me alone since I was 3 years old. He had 2 jobs during that time and still managed to educate me as well. He never gave up and never complained about his life. Now, 18 years later, he has a company made by hard work. He is successful I my eyes because he never gave up, even in hard m 13. (isabela )

8)There is one guy named Adam from Australia, living a happy life till his early teenage discovered suffering from Tourette syndrome which is a common neuropsychiatric disorder which happened to change his life. He started suffering physically and mentally due to his disease and went under severe depression. Gave up on his life, with no hopes decided to isolate himself from the world. Found his love in music which happened to change his life. Music from passion

became his world, gave him confidence and courage. oments. (by Isabela Pandealea)

9) I know a person; whose dream was to become a restaurant chef. Almost every week he tried new recipes and by doing this he improved his skills. In his family, nobody understood his decision not to go to the university. He left Lithuania and started to work in Holland, in the small restaurant. First, he was just a person who washed dishes, then become chef helper and after years of work now he is the chef of the restaurant. He succeeded in the field which was the most interesting for him, because of his dedication and ability to improve his skills every day. (Gabija Meskonyte)

10) A boy since his early childhood really loved to eat. A lot. He felt always hungry and, therefore, the kilograms kept growing over the years, 15 years - 86 kg, 16 years - 97 kg, 17 years - 112kg. Pretty much for a 181-cm guy, Bullying, mockery about his weight was a daily basis. Of course, silently, behind his back - because you are afraid of such a big man. But he noticed that people are laughing at him, besides, various health problems burst out. It was the verge of his patients. He decided to change his lifestyle from the base. He started to work out, eat healthily. He was really dedicated. Day by day, he was reaching for his goal. And now, after 5 years, you wouldn't be able to recognize him. A completely different person - from the body to mind. Today he is very successful, a well-known personal fitness trainer. I am fascinated by the fact that he did not gave up, withstood all the pressure of the surroundings and made the best out of this situation. I think this is what makes him successful. ( by Marius Uogele).

11) An example that is successful, my aunt (my dad's sister) always worked hard and tried to improve, learn some new things. Her goal was to earn living by doing as less as possible she opened her own business and always is full of ideas about new business plans so, now she has a possibility to live without thinking about how much money she has left in her pocket. (by Mantas)

12) there is a guy who once doesn't know who he was, he was born into a Bedouin tribe wandering the Syrian dessert, after his father raped his mother with no document registering when he was born, the exact date of his birth was unknown, his mother, is still a teenager, became sick and died on the day he was born. His elder brother was beaten and killed by his father, he slept in a tent made of animal skin, his grand mom refused to send him school, and instead she wanted him to be shepherd. He that 'I refused my faith '. Defied his grandmother and walked for 10 miles, barefoot, across the dessert to go to school. He had to spy on classroom's wall to learn anything. Once a teacher saw him and allowed him to sit in the class. He had no money so he started a small business for renting out his bicycle so that he could afford to buy pen, pencils. He scored high on national wide exam and selected for scholarship to study abroad. He chose France for his education. He barely understood what the professor says because it was almost everything in French (1969). He didn't know a soul and had to survive with one meal per day. He was later graduated with bachelors of computer science. Taking a risk he purchased a failing scaffolding manufacturer

that was million dollars in debt. Still he saw its potential and invested all the money he had. The company was soon making small profit and launched its subsidies in Italy and Spain. The ALTRAD GROUP is now one of the leading cement mixer and scaffolding providers. He has a net worth of 1.6\$ billion. He also received the Legion of Honor, France's equivalent of knighthood. To make his birthday easier his children picked out March 9<sup>th</sup> to celebrate. – mohed altrad badawi

13) there is a man i know personally, so his life started being a fisher and earned some money and later start watch business, again he saved some money and started a handloom textile it was a huge textile, so there is a company he used to buy the materials for handloom so once they were giving off their old machinery in a bid so he bought that machinery and sold it out for double the price he bought. That's how he became a business man and later his all business idea worked and he had net worth of 300 crore and now he is no more. (Mom)

14) There is a lady my mom personally knows. She is belong to a very rich well known family of silence but later because of some family problem she was left alone with her husband without a single penny so they both had to travel abroad (Saudi Arabia) and started to work and later she earned money for almost 7 – 8 years and then went back to silence and started a business which was successful. (mom)

15) I know a person who started his life with zero. His story is that his family got separated in a partition between two countries. He had nothing with him because he was only 10 years old boy (no education, no money, and no food) that was a really difficult time for those two countries and people. Studying from a government school to having nothing and then starting from small, he is now working in a multinational company that too with his own choice. (vartika)

16) A friend of mine who was often seeing things unfair in life, decided to seek for the truth. She created the truth herself. She was insanely good with people, no matter what their attitudes is. She was good to everyone, she used to close her eyes front of bad things and see only positive behaviours of people. Therefore she helped anyone who had asked, anyone she thought needed this. This is why and how she became a good person. ( ugne balkute )- what is good about them and how you think they became good

17) I know this person very well and she knows me, she is caring, always trying to help no matter what and is always honest with me. She shows kindness to all people, as the bible says 'give to that in need'. She knows that it is easy to help others because you get the same treatment back. In my opinion the person I am writing about became a caring and loving human by having the same role model as I have – a mother ( because every mother is a good person for their child ) – Justas - what is good about them and how you think is good about them.

18) Another person, I know who lived in my neighbourhood struggled in all his life to collect money so that he can start a business, to start his business he wanted to shift to a cheaper country to earn more, so he decided to shift to



Nepal in the year of 2015 and build a huge building but unfortunately that was an unlucky year because Nepal faced a big disastrous Earthquake. And since he wasn't a citizen of Nepal he didn't get any money from the government for his loss. But his thought of collecting money whole life for his final dream and going into a loss was killing him so he took a general training from an agency and did a normal job for another 3 years and again saved money and again builds his dream. And he's doing very well in his field now.(vartika )

19) Successful people and the best example would be one of my uncles. He started with nothing and today he is known as the plastic man of Gujarat. He started working in a plastic manufacturing company as an employee but later his hard work and dedication helped him to be the owner of one of the biggest plastic manufacturing company. He worked day and night and he had the spirit to be successful in his field and today he is. (By Nakul Sharma)

20) there is a lady I know personally she always wanted to be a model but her family didn't allow for it because they were too religious and later she believed that she could be a good model so she had to choose her career when her parents were forcing her to get married at the age of 19 so she left her family and she had to struggle city by city. Standing out of auditions of modelling, with one room sharing apartment later she was appointment for interview after her struggle then she later became a successful model of the city and her parents didn't still accept her but she is success instead of burying her dream by the name of marriage.

RELATE THE GROUPS. THINK OF THEM AS GIVING DIFFERENT POINT OF VIEW.

- ❖ Goal of achieving : these are the stories of people who had goal and achieved something in their life

Examples: - 2,3,6,7,8,13,14,15,19

- ❖ No goals but succeed in life :

Examples :- 1,4,5,9,10,11,12,16,17,18,20

EXPLAIN WHAT INSIGHT THAT GIVES YOU:

After the investigation I had what I have studied so far is people were focused on today to work on tomorrow , if they would just focus on today they wouldn't be where they are now and if they focused on tomorrow they wouldn't be happy with today so they focused on both and achieved whatever they have now. They didn't give on their fails they struggled even in their hard time and won their goals or achieved something which makes them success in everyone's point of you no matter if the success is based on education, money, satisfaction.



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